Need to see a doctor right away?

If you need medical treatment right away, and your regular physician cannot see you quickly enough, visit one of our urgent care or walk-in clinics. No appointment is needed. Plus, it could save you time and money, and be more convenient than going to a hospital emergency room. Walk-in clinics can treat sinus and ear infections, colds, bronchitis, strep throat, pink eye, sprains, minor burns, skin infections, rashes and cuts. Urgent care centers can also treat minor fractures and cuts that need stitches.

For serious conditions, including the ones listed below, have someone take you to the nearest hospital emergency department or call 911.

- Chest pain, signs of a heart attack or stroke
- Head, neck, spine or eye injuries
- Uncontrollable bleeding
- Major fractures
- Major burns
- High fever
- Breathing difficulty
- Poisoning
- Unconsciousness

Scan the QR code above with your smart phone for a complete list of clinics with phone numbers and maps, and bookmark it for future reference. Or visit myHFHP.org/clinics.
Participating urgent care and walk-in clinics for Group and Individual Plans

**Brevard County**
- **Cocoa Beach**
  - Health First NOW
    - 105 S. Banana River Blvd. 321.868.8313
  - Medfast Urgent Care Centers
    - 275 W. Cocoa Beach Cswy. 321.799.7777
- **Indian Harbour Beach**
  - Atlantis Urgent Care Center
    - 2254 Hwy A1A, Stein 106 321.777.2273
  - Surfside Urgent Care
    - 325 5th Ave. 321.821.4889
- **Malabar**
  - Health First NOW
    - 730 Malabar Rd 321.725.4505
- **Melbourne**
  - Dairy Road Urgent Care
    - 2107-B Dairy Rd, Unit B 321.956.8224
  - Health First NOW
    - 1223 Gateway Dr 321.725.4505
  - Medfast Urgent Care Centers
    - 7925 N. Wickham Rd, Ste A 321.751.7222
  - Premier Urgent Care at Suntree/Viera
    - 6300 N. Wickham Rd, Ste 101 321.253.2169
- **Palm Bay**
  - Medfast Urgent Care Centers
    - 490 Centre Lakes Dr NE, Ste 200A 321.821.4950
  - Palm Bay Urgent Care
    - 1155 Malabar Rd NE, Ste 10 321.723.3627
- **Port St. John**
  - Medfast Urgent Care Centers
    - 5005 Port St. John Pkwy 321.633.8620
  - Royal Oaks Medical Center
    - 7227 N. US Hwy 1, Ste 100 321.637.1595
- **Rockledge**
  - Medfast Urgent Care Centers
    - 1400 US Hwy 1 321.735.8960
- **Titusville**
  - Health First NOW
    - 603 N. Washington Ave, Ste 101 321.264.7688
  - Medfast Urgent Care Centers
    - 3045 Columbia Blvd, Suite 108A 321.268.6822
  - Royal Oaks Medical Center
    - 1855 Knox McRae Dr 321.269.2028

**Flagler County**
- **Palm Coast**
  - Centra Care
    - 1270 Palm Coast Pkwy NW 386.225.4631
  - Florida Hospital Flagler Prompt Care
    - 120 Cypress Edge Dr, Ste 102 386.586.4280
  - MedQuick Urgent Care Centers
    - 6 Office Park Dr .................................. 386.447.6615
  - Palm Harbor Family Practice
    - 9 Pine Cone Dr, Ste 102 386.445.6191
- **Sebastian**
  - Sebastian Urgent Care
    - 801 Wellness Way, Ste 107 .................. 772.226.4200
  - HMA Family Walk-In Care
    - 13840 US Hwy 1 ............................... 772.589.2992
- **Vero Beach**
  - Pointe West Urgent Care
    - 1960 Point West Dr, Ste 102 .............. 772.226.4250

**Orange County**
- **Apopka**
  - Night Lite Pediatrics
    - 620 S. Hunt Club Blvd ...................... 407.478.5995
- **Orlando**
  - Centra Care
    - 250 N. Alafaya Trail, Ste 135 ............. 407.381.4810
  - Night Lite Pediatrics
    - 509 S. Semoran Blvd .......................... 407.398.6702
  - Primcare at Twin Lakes
    - 8100 Red Bug Rd .............................. 407.200.2512
  - Night Lite Pediatrics
    - 1500 Alafaya Trail ............................ 407.385.1790
  - Sanford Urgent Care
    - 4451 West 1st St ............................. 407.330.3412

**Volusia County**
- **Daytona Beach**
  - Centra Care
    - 1014 W. Int’l Speedway Blvd ............... 386.872.5044
  - Primcare at Twin Lakes
    - 1890 LPGA Blvd, Ste 130 .................. 386.274.2212
  - Night Lite Pediatrics
    - 8201 W. Irlo Bronson Mem Hwy .......... 386.960.8197

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Call weekdays 8 am–6 pm ■ 1.855.443.4735 ■ TDD/TTY 1.800.955.8771 ■ myHFHP.org